

THE WEEK AT POOL ACADEMY

FRIDAY – 19.6.26

MESSAGES:

Welcome to this week's newsletter, packed with updates from across the academy. We were sad to say goodbye to our Year 11 students this week, but we are eagerly looking forward to celebrating with them at their Prom this coming Wednesday. In the classroom, our Year 10 students have been working incredibly hard, and we have been so impressed by how well they are doing in their mock exams.

Inside this issue, you'll find exciting news about our students' sporting achievements, updates on our Food Champions, highlights from recent assemblies, and information regarding upcoming events.

We hope you enjoy reading about everything happening at Pool Academy, and we wish you all a lovely weekend.

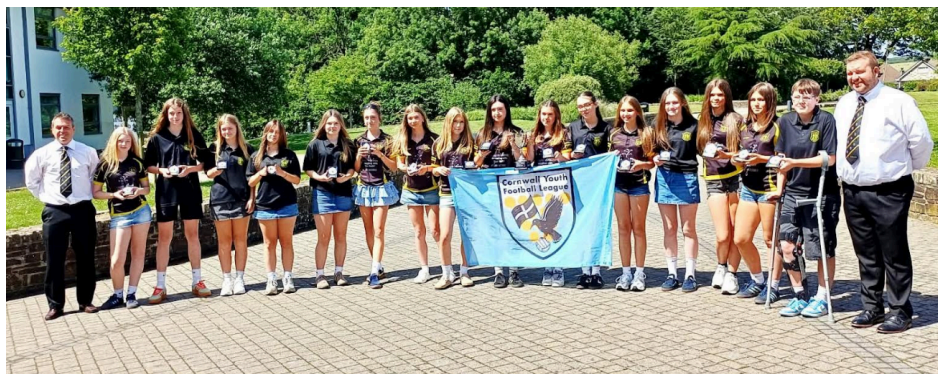
- We would be very grateful for any donations of school uniform that is no longer needed. The PE Department would also welcome any spare PE kit. Donated items can make a real difference to other families in our school community. If you would like to donate, please hand any items in at Main Reception. Thank you for your support.
- We are excited to share details of [Geek Expo](#), taking place on 29th and 30th August – a vibrant, community-driven event that celebrates all aspects of geek culture. Whether you're a fan of gaming, cosplay, art, science fiction, fantasy, comics, or pop culture, Geek Expo offers something for everyone. Visitors can enjoy an exciting atmosphere filled with creativity, imagination, and fun. Follow the link above for further details.
- Kernow Health will be visiting Pool Academy on 3rd July to deliver the DTP, Meningitis ACWY and HPV vaccinations for any students who missed these earlier in the year.
DTP and MenACWY immunisations:
If your child is in Year 9, [please see this letter](#). If your child is in Year 10, [please see this letter](#).
HPV immunisation:
If your child is in Year 8, [please see this letter](#). If your child is in Year 9 or 10, [please see this letter](#).
If you have any questions, please call Kernow Health on 01872 221105 and they will be happy to help.

STUDENTS:

We are thrilled to share the recent sporting success of four of our students who play for the St Day Bal Maidens U14 girls' team. Representing their club, Eleanor D (Year 9), Erin E (Year 9), Imogen K (Year 8), and Emily P (Year 8) have had an incredible season, winning the U14 Championship League.



The team displayed exceptional skill and dedication, losing only one game throughout the entire season. As a result of this remarkable performance, the team has earned a well-deserved promotion to the Premiership for next season. We are incredibly proud of their hard work and are eager to see how they perform in the highest league next year. Congratulations to all involved on this fantastic achievement.



On Monday, the Year 7 Food Champions took part in a pasty-making workshop led by expert tutors from Ann's Pasties. Using fresh, locally sourced ingredients, they learned new skills and created delicious homemade pasties to enjoy.



All Bronze Duke of Edinburgh's Award participants are reminded that the Bronze DofE Kit Check will take place on:

 Monday 22nd June

 3:00pm – 5:00pm

This is an important opportunity to ensure you have everything you need and that your kit is suitable for the expedition.





ICE CREAM FRIDAYS

ICE LOLLIES AND ICE POPS
FROM 50P TO £1.50
CASH AND CARD ACCEPTED

**School front gate
from 2:55pm - Friday**

Organised by Iris Biddle.
All profits will support my fundraising for Camp Kenya.




We are pleased to highlight the fundraising efforts of one of our students, Iris, who is currently raising funds for a school trip to Kenya this summer.

To help reach her final fundraising goal, Iris will be selling ice creams at the school gate every Friday until the end of term.

We encourage the school community to support Iris in her efforts if you are able. Every purchase brings her one step closer to her goal!

Reece, a Year 8 student, recently demonstrated incredible passion for History by sharing his personal collection with his classmates in 8W. As the group explores the origins and key events of World War II, Reece brought in two genuine artefacts from the era: a military helmet and a field telephone.

This was a fantastic opportunity for his peers to get hands-on with history, seeing and touching these items in person. We would like to say a huge thank you to Reece for being such an inspiring ambassador for the subject and for sharing his enthusiasm for this significant historical period with the rest of the school.



🖋️ Young Writers Wanted!

Are you aged 11–16 and passionate about writing? The Writers' Block is offering six FREE mentoring places for young writers looking to develop their skills.

Successful applicants will receive:

- 📖 Monthly creative writing workshops in Redruth
- 🖋️ 1:1 mentoring from experienced writers
- 🎤 Masterclasses with published authors
- 📖 Opportunities to share and publish their work

The programme runs from September 2026 to July 2027 and is open to young writers of any genre or style.

To apply, you'll need to tell them about your writing interests and submit a sample of your work.

🕒 Application deadline: 9am, 20th July 2026

Find out more and apply [here](#).



We were delighted to host a truly inspiring assembly last week, which sparked thoughtful discussion among our Year 8 and 9 students regarding the food we eat and the impact it has on our health. We were also delighted to welcome Perran Moon MP, who attended the session and expressed how impressed he was by the engagement and maturity of our students.

The session featured a fantastic panel of experts who provided valuable insights into nutrition and the food industry:

- Lisa Dunne from LEAF (Linking Environment And Farming) discussed the importance of connecting with our food sources.
- Dr Rhiannon Day-Thompson, a local GP and public health specialist, gave a memorable demonstration on the artificial nature of Ultra-Processed Foods (UPFs) and the impact of poor diet on our long-term health.

- Lucy Cokes, a lecturer from the marketing department at Falmouth University, shed light on the manipulation tactics often used by major food giants.
- Danielle Young from Sustainable Food Cornwall discussed the benefits of natural food sources and negotiating how to eat well in a modern world.

Looking ahead, we are excited to strengthen our ties with Sustainable Food Cornwall and plan to join their youth forum, with representatives from each year group. We look forward to empowering our students to become informed advocates for healthy and sustainable eating.



After days of determination, teamwork and resilience, our students returned from their Silver DofE Expedition with smiles on their faces and a real sense of achievement. Despite challenging weather conditions throughout the expedition, they showed incredible perseverance, supported one another and rose to every challenge along the way.

As a fitting reward for their hard work, the sun finally made an appearance on the last day, providing the perfect end to an unforgettable adventure.

We are incredibly proud of everything they have accomplished. Well done to all involved for demonstrating the spirit, determination and teamwork that make the Duke of Edinburgh's Award such a valuable experience.



Our Year 7 Food Champions recently worked alongside Year 10 Catering students, Kaitlynn and Fatima, to create a range of healthy and delicious snacks from scratch.

Using fresh, nutritious ingredients, the students prepared homemade kimchi, banana and blueberry loaf, vegetable frittata, and protein balls. The project gave students the opportunity to develop their food preparation skills while learning about healthy eating and the benefits of nutritious ingredients.

The finished products were enjoyed during tasting sessions, where students sampled each of the four recipes and shared their feedback. A breaktime tasting event generated lots of interest across the school, with many students keen to try the healthy snacks.

We would like to thank Healthy Cornwall for generously donating prizes for students who sampled all four healthy, nutritious and delicious creations. The event was a great success and highlighted the enthusiasm of our students for healthy food and new culinary experiences.



Congratulations to this week's Creative Arts winners! These students have been recognised for their enthusiasm, creativity, resilience, and contributions across art, drama, and music. We're incredibly proud of their achievements — well done, and keep up the great work!

🎉 That's a wrap on Quiz Nights for this academic year! 🎉

A huge thank you to everyone who has come along to our quizzes this year and supported our fundraising efforts. Whether you joined us for one quiz or every single one, your support has helped make the year a fantastic success.

A special shout-out goes to this year's Quiz Night champions, The Losers, who somehow managed to hold on to their title by just one point! 🏆 🙌

Thank you to everyone who took part, bought raffle squares, and brought along their knowledge (or at least their best guesses!).

👁️ We're hopeful that Quiz Nights will return next academic year, helping to raise funds for another exciting expedition. Watch this space...

Have a fantastic summer, and thank you once again for all your support! ☀️

CLASSROOM CLIPS: PE (YEAR 10)

It's been a packed and incredibly busy summer term in the PE department! Over the last few weeks, students have been working hard on their striking and fielding skills in cricket and rounders, as well as refining their serves and rallies on the tennis courts. Our athletics unit has been a particular highlight, with students pushing for personal bests in running, jumping, and throwing. We were especially proud to see so many of our students step up and represent the school at the Carn Brea competitions this year, showing fantastic determination and sportsmanship.

The main event is almost here, and the whole department is really excited for Sports Day next Thursday. Every single student is signed up for an event and part of a team, so it's going to be a brilliant day of teamwork and competition. We can't wait to see everyone getting involved and showcasing what they've learned this term—thank you as always for your support at home, and let's hope the weather stays on our side!



Next Week's Sports Bulletin

SPORTING INSPIRATION PROGRAMME 3 – 4 pm Week Beginning 22 nd June 2026	
<u>Weekly Extra-Curricular Activities</u> (Please come to the Gym changing rooms at 3pm)	<u>Weekly Fixtures</u>
<u>Monday</u> Tennis (SBR) - All Years Mountain Biking (JHO) - All Years	<u>SPORTS DAY NOTICE</u> All students will be involved in a range of activities from the track, field events and games on the field and Astro. The weather on sports day is likely to be sunny and hot. Please can all students ensure they have a HAT, SUNCREAM and a WATER BOTTLE for the day.
<u>Tuesday</u> Athletics - (MCR/TFO) - All Years	
<u>Wednesday</u> No Clubs - Setting up Sports Day	
<u>Thursday</u> No Clubs - Sports Day	
<u>Friday</u> No clubs	

Parents and carers are invited to come and enjoy watching their child play in our school teams **from 4.15pm onwards**. If you need to use the toilets, parents / carers will need to use the facilities near the sports hall. Students are to use the facilities by the PE changing rooms.

Enjoy the game and we look forward to seeing you soon.

Next Week's Menu

Lunch Week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

Spring 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	CRISPY CHICKEN BURGER POTATO WEDGES	BEEF CHILLI with Rice & Nachos	ROAST GAMMON with Roast Potatoes, Carrots, Peas	CHICKEN TIKKA With Rice & Garlic Bread	SAUSAGE/CHICKEN NUGGETS CHIPS
Plant Based / Vegetarian Main Meal	Veggie Burger with Seasoned Wedges,	Vegetable Chilli with Spicy Rice, Green Salad, Nachos	Quorn Roast Fillet with Roast Potatoes, Carrots, Peas	Sweet Potato & Chickpea Curry with Pilaf Rice, Green Beans, Bombay Potatoes	PIZZA SLICE MOZZERELLA STICKS CHIPS
Street Food	PIRI PIRI CHICKEN WRAP	CRISPY CHICKEN MAYO WRAP	BEEF BURGER SALAD/CHEESE	PULLED PORK WRAP	THE SHACK
Takeaway Tubs	TOMATO & CHORIZO	PENNE ARRABIATA	MAC & CHEESE	KARLAN COCONUT CHICKEN RICE	THE SHACK
Pizza Slice	CHEESE & TOMATO	HAM & TOMATO	CHICKEN & SWEETCORN	CHESSE & TOMATO	THE SHACK
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
THE SHACK	A SELECTION OF FRESH SANDWICHES/WRAPS BAGUETTES/SALADS	A SELECTION OF FRESH SANDWICHES/WRAPS BAGUETTES/SALADS	A SELECTION OF FRESH SANDWICHES/WRAPS BAGUETTES/SALADS	A SELECTION OF FRESH SANDWICHES/WRAPS BAGUETTES/SALADS	A SELECTION OF FRESH SANDWICHES/WRAPS BAGUETTES/SALADS

Meal Deal Main Meal
with vegetables
and dessert

All of our main meals,
sandwiches & desserts
are freshly made on
site every day.

EVENTS NEXT WEEK (WEEK B):

[Link to the School Calendar](#)

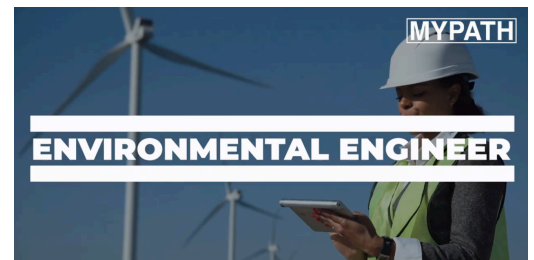
- **Monday**
 - Year 10 Mock Exams - Maths (Paper 1), 9am / Spanish (Paper 1), 11.30am
 - School Production Rehearsals, 3-5pm
 - DofE Bronze Training - 3-4pm, The Hut
- **Tuesday**
 - Year 10 Truro College Taster Day
 - School Production Rehearsals, 3-5pm
 - DofE Silver Training, 3-5pm, Mr Kirby's room
- **Wednesday**
 - Year 10 Mock Exams - English Literature, 9am / Maths (Paper 2), 1pm
 - School Prom, The Penventon Hotel, 6-11pm
- **Thursday**
 - Year 10 Mock Exams - History (Paper 2), Combined Science Physics (Paper 1), 11.45am
- **Friday**
 - Year 10 Mock Exams - Hospitality and Catering, 9am / Spanish (Paper 3), 11.45am
 - Duke of Edinburgh Bronze Assessed Expedition, West Cornwall

CAREERS:

Each week we focus on a career pathway to highlight. This week we are looking at a career as an Environmental Engineer.

Please follow [this link](#) to learn more about careers as an Environmental Engineer.

If there is a particular pathway you would like to find out more about, please email enquiries@poolacademy.uk.



PRAISE POSTCARD RECIPIENTS:

Students are awarded a Praise Postcard for their class work, effort and attitude. This week we have given out a total of 383 Praise Postcards! Please see below for this week's recipients.

