

# THE WEEK AT POOL ACADEMY

## FRIDAY – 13.3.26

### MESSAGES:

Welcome to this week's edition of The Week at Pool Academy, where we celebrate the many achievements, opportunities, and memorable moments from the past few days while looking ahead to what's coming next.

It has been another busy and inspiring week across the school, marked by impressive student success and engagement. Highlights include a highly successful visit from the University of Cambridge for our Year 10 and 11 students, continued dedication from our Year 11s as they prepare for their GCSE exams, and the well-deserved recognition of our latest Carousel Superstars. Alongside academic focus, students have also enjoyed a range of enriching experiences, from a fun-filled day at BF Adventure for our SEN students to the engaging Focus on Farming event. Our school community continues to thrive, and we're also excited to remind families about upcoming events including our Quiz Night and the Easter fundraising activities.

### STUDENTS:

A big thank you to the University of Cambridge who visited school on Tuesday to deliver two highly engaging sessions for 82 of our students across Year 10 and Year 11.

Students discovered more about the university application process, entry requirements, and what life is really like as a student — not only at Cambridge, but across many universities. The sessions also explored the cost of university and the loans and grants available, helping students better understand the financial side of higher education.

Our students were engaged, polite and energised throughout, asking thoughtful questions and reflecting on their own aspirations and future pathways.

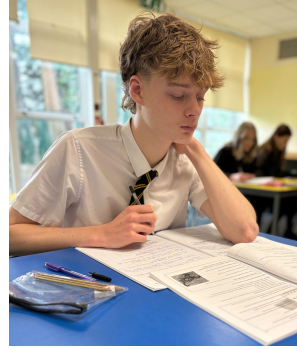
Opportunities like this help our students to Dream Big and take responsibility for their future, thinking carefully about the steps they can take now to reach their goals



11XE4 are working incredibly hard in English as they prepare for their GCSE exams, now less than 7 weeks away. In lessons, students are revising core knowledge, sharpening their understanding of key texts and practising the exam skills they'll need to succeed in the summer exams.

The focus, determination and effort in the room has been fantastic to see. Students are supporting one another, staying motivated and showing real commitment to improving every week.

A great example of the strength of our Wolf Pack – working together, pushing each other on and taking responsibility for their future. Keep going, 11XE4.



Our Year 11s have been hard at work on their Carousel revision homework in preparation for their GCSE exams. Well done to all our students who have completed the homework, with a special congratulations to this week's Carousel Champions, who will be presented with a special certificate in assembly in recognition of their great effort and commitment to achieving brilliant results. This week's champions, who scored 100% in all their revision quizzes are:

#### Carousel Superstars! 100%

Eva B, Eva B, Jamie, Alex G, Jake H, Yvonne, Tanatswa, Mia N, Mechaila, Amelia R, Adelina, Oliver R, Amaiah, Sophia W, Freya B, Zac, Chris, Sam C, Mia E, Lucy F, Neeve, Molyn, Josh M, Luke N, Natasha, Hannah R, Dinariya, Eden, Amelia W, Lola, Reuben, Piran, Owen, Oliver H, Wayne, Megan S, Shannon, Temera-Jane, Latheeba.

Pictured below are this week's Carousel winners Sam C (11W2), Leon P (11X4), Kieron C (11W)



A reminder that Pool Academy's next Quiz Night will be in the Main Hall on Thursday 26th March, from 5:00 pm until 7:00 pm! Last time we had a fantastic turnout, and we're looking forward to another fun evening of community, challenge, and friendly competition.

Teams can be up to 8 people and could include families, friends, or students. Parents don't need to bring children if they'd prefer, and students are welcome to take part independently.

A strict no-phone rule will be in place to ensure a fair contest — so leave your phones out of sight!



By popular demand, the Musical Theatre round has been added, alongside a variety of other quiz challenges.

Quizzers can purchase food throughout the evening from [The Little Creek Grill](#) — come ready for a fun evening of quizzing and community spirit. Entry is £1 on the door, and cash will be appreciated for any food, drinks, or treats available on the night.

We can't wait to see you there!

Our SEN students had a fantastic day at BF Adventure! They enjoyed a wide range of activities including sock puppet making and putting on their own show, showing off their creativity and confidence.

Out on the water, they experienced canoeing, where lashing two canoes side-by-side created a highly stable platform – perfect for sailing, fishing, or supporting less experienced paddlers.

There was also time for archery, with some brilliant focus and determination on display as students aimed high and even hit gold!

A real mix of excitement, teamwork, and new experiences made for an unforgettable day. Well done to all involved!



## **Easter Fundraising Fun!** Get ready for a week of egg-citing events!

### Easter Quiz from Friday 27th March

- 50p for an answer sheet from Miss Smith in EN2
- Hunt for 10 questions hidden around the main hall & corridors
- Return sheets by 3:00 pm, Wednesday 1st April
- Winner announced: Thursday 2nd April
- Answer all correctly for a chance to win a chocolate prize!

### Easter Bingo w/c 30th March

- 50p per ticket, pay on the door
- EN2
- Easter egg prizes for 1 line and full house
- Time: Monday - Wednesday Lunchtime in En2. Starts at 1:35 pm, w/c 30th March

🐣 Which event will you try first? Gather your friends and join the fun! 🐣





On Tuesday 10th March 38 students from Years 9, 10 and 11 attended a Focus on Farming event at Trevedra Farm near Sennen Cove. The day was sponsored by Linking Environment and Farming (LEAF) and the Agriculture and Horticulture Development Board (AHDB) with students from Humphry Davy, Mullion and Penryn schools also in attendance.

The big question that underpinned the day was 'How is sustainable farming delivered in practice' and the students needed to have this question at the forefront of their minds as they visited a number of different activity areas around the farm. Activities included soil and forage analysis, understanding carbon emissions and capture, herd health planning, soil biology and sustainable farming as well as animal nutrition and dairy production. The students also had a talk and demonstration from the Penwith Weavers and Spinners who use traditional methods of spinning and weaving to produce hats, scarves, blankets and many other items from sheep's wool. It was an excellent opportunity for students to make links between careers in agriculture and the content that they cover within their science, geography and food lessons. The students were a credit to the school and we look forward to making more links with LEAF in the years to come.



Well done to the Year 7 students who competed in their first County Netball Tournament this week at Redruth School. They challenged well throughout the day, scoring in all their games and finished the day with a win. Thank you to our sports leaders Amelia and Evie for their support.

## CLASSROOM CLIPS: BELIEFS AND ETHICS (YEAR 8)



In Year 8 Beliefs and Ethics, our current unit is Hinduism, with an ultimate focus on why Hindu's don't want to be reincarnated and what they can do about it.



The latest lesson was about the lessons learnt through the Ramayana, an ancient Hindu epic. This was to help them to understand the concept of 'Dharma' – the moral and ethical responsibilities that guide Hindus.

**Smriti:**  
Smriti are scriptures that were 'remembered' – they are what people were told about God. They were remembered and written down by people.  
Great stories to give religious teachings include the RAMAYANA. Stories that help Hindus understand the Sruti better.

The great thing about Hindu scriptures is they are written in story form, known as 'epics'. The stories teach Hindus about the qualities of Brahman and provide lessons for their own lives. Stories were used so people could remember the scriptures more easily and so pass the stories on. They capture the imagination of both children and adults. Many of the stories are acted out or can be seen in paintings on temple walls.

**The Ramayana** – the story of Rama and Sita – is probably the most famous and this story is told at the Diwali festival. This story is full of lessons for Hindus: Good vs Evil, reward from Brahman for devotion, punishment for evil, the right use of skills and how people can be manipulated by evil.

1. What is the difference between the Sruti and the Smriti? *Sruti direct from their god and Smriti is remembered about their god.*

2. Why are the 'epic' stories considered a good way for Hindus to understand their religion? *The teach Hindus the qualities of brahman, Easy to remember.*

**What do Hindus learn from the Ramayana today?**

The Ramayana shows the importance of loyalty and support. Lakshman stands by Rama, no matter what.  
It teaches me to always be there for my family and friends, even when times are tough, like when a friend is going through a difficult time or when someone in my family is sick.

Het  
I think the idea of balance is important. Ravana had intelligence, but it made him selfish. Sometimes I see that we humans take a lot from the planet, but we don't give back to help it. We need balance in everything.

Kavita  
For me, Sita's story in the Ramayana teaches me about being strong and having courage. The story helps me remember to stay brave and keep going, no matter what challenges I face. For example, when I have to do something difficult at school, like a tough test or a project, I try to stay calm and do my best, just like Sita.

The Ramayana teaches me to be kind and brave, even when life is tough. Ravana shows me that even clever people can make mistakes if they don't make the right choices.

I think the main lesson the Ramayana teaches Hindus is that it's just about good defeating evil.

Do you agree with Laura? Use examples from Het and Kavita's reflections to explain your thoughts.

*I don't agree with Laura because the Ramayana teaches more than just good defeating evil or teaches loyalty, bravery, intelligence and balance. Loyalty is shown when Sita goes into the forest with Rama. Not just taught / Het by should always be there for his family through this Het Kavita that we need balance and how intelligence is given but you need to be good with that intelligence and not do evil.*

I think the main lesson the Ramayana teaches Hindus is that it's just about good defeating evil.

Do you agree with Laura? Use examples from Het and Kavita's reflections to explain your thoughts.

*I don't agree with Laura because the Ramayana teaches more than just good defeating evil.*

*Kavita explains that she learns about having strength and courage. Always staying brave no matter the challenges you face.*

## Next Week's Sports Bulletin



**SPORTING INSPIRATION PROGRAMME**  
3 – 4 pm Week Beginning 16<sup>th</sup> March 2026

**Weekly Extra-Curricular Activities**  
(Please come to the Gym changing rooms at 3pm)

**Monday**  
Badminton (SBR) - All Years  
Boys Football (JH) - Year 9

**Tuesday**  
Girls Rugby (MCR) - All Years  
Boys Football (TF) - Year 8

**Wednesday**  
Boys Football - (MF) - Year 7

**Thursday**  
Fixtures

**Friday**  
No clubs

**Weekly Fixtures**

**Thursday - 19.3.26**

- Boys Football vs Camborne (Home)
- Year 7, 8, 9 & 10 - Finish @ 5pm

**Friday - 20.3.26**

- U15 Girls Football County Cup (Falmouth)
- Year 10 - Return @ 4pm

Parents and carers are invited to come and enjoy watching their child play in our school teams **from 4.15pm onwards**. If you need to use the toilets, parents / carers will need to use the facilities near the sports hall. Students are to use the facilities by the PE changing rooms. Enjoy the game and we look forward to seeing you soon.

## Next Week's Menu

*Lunch Week 1*

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

Spring 2025

|                                           | Monday                                                       | Tuesday                                                      | Wednesday                                                    | Thursday                                                                          | Friday                                                       |
|-------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------|
| <b>Main Meal</b>                          | CRISPY CHICKEN BURGER<br>POTATO WEDGES                       | BEEF CHILLI<br>with Rice & Nachos                            | ROAST GAMMON<br>with Roast Potatoes,<br>Carrots, Peas        | CHICKEN TIKKA<br>With Rice & Garlic Bread                                         | SAUSAGE/CHICKEN<br>NUGGETS<br>CHIPS                          |
| <b>Plant Based / Vegetarian Main Meal</b> | Veggie Burger<br>with Seasoned Wedges,                       | Vegetable Chilli<br>with Spicy Rice,<br>Green Salad, Nachos  | Quorn Roast Fillet<br>with Roast Potatoes,<br>Carrots, Peas  | Sweet Potato & Chickpea<br>Curry with Pilaf Rice, Green<br>Beans, Bombay Potatoes | PIZZA SLICE<br>MOZZERELLA STICKS<br>CHIPS                    |
| <b>Street Food</b>                        | PIRI PIRI CHICKEN<br>WRAP                                    | CRISPY CHICKEN MAYO<br>WRAP                                  | BEEF BURGER<br>SALAD/CHEESE                                  | PULLED PORK WRAP                                                                  | THE SHACK                                                    |
| <b>Takeaway Tubs</b>                      | TOMATO & CHORIZO                                             | PENNE ARRABIATA                                              | MAC & CHEESE                                                 | KARALAN COCONUT<br>CHICKEN RICE                                                   | THE SHACK                                                    |
| <b>Pizza Slice</b>                        | CHEESE & TOMATO                                              | HAM & TOMATO                                                 | CHICKEN & SWEETCORN                                          | CHEESE & TOMATO                                                                   | THE SHACK                                                    |
| <b>Jacket Potato</b>                      | Available daily with a range<br>of delicious fillings        | Available daily with a range<br>of delicious fillings        | Available daily with a range<br>of delicious fillings        | Available daily with a range<br>of delicious fillings                             | Available daily with a range<br>of delicious fillings        |
| <b>THE SHACK</b>                          | A SELECTION OF FRESH<br>SANDWICHES/WRAPS<br>BAGUETTES/SALADS | A SELECTION OF FRESH<br>SANDWICHES/WRAPS<br>BAGUETTES/SALADS | A SELECTION OF FRESH<br>SANDWICHES/WRAPS<br>BAGUETTES/SALADS | A SELECTION OF FRESH<br>SANDWICHES/WRAPS<br>BAGUETTES/SALADS                      | A SELECTION OF FRESH<br>SANDWICHES/WRAPS<br>BAGUETTES/SALADS |

*Meal Deal* Main Meal with vegetables and dessert

All of our main meals, sandwiches & desserts are freshly made on site every day.

## EVENTS NEXT WEEK (WEEK A)

[Link to the School Calendar](#)

- **Wednesday** - Year 10 Parents' Evening, 3.30pm-6.30pm
- **Thursday** - Year 7 Food Champions hosting Primary catering and activity event, 3pm-6.30pm

## CAREERS:

Each week we focus on a career pathway to highlight. This week we are looking at a career as a Dental Hygienist.

Please follow [this link](#) to learn more about careers as a Dental Hygienist.

If there is a particular pathway you would like to find out more about, please email [enquiries@poolacademy.uk](mailto:enquiries@poolacademy.uk).



## **PRAISE POSTCARD RECIPIENTS:**

Students are awarded a Praise Postcard for their class work, effort and attitude. This week we have given out a total of 605 Praise Postcards! Please see below for this week's recipients.

