

September 2025 Programme

Pool Academy Plus is an exciting range of after-school and lunchtime activities designed to help students explore new interests, develop skills, and have fun.

The clubs provide opportunities to make friends, build meaningful connections, and develop character and confidence. Students will have the chance to discover new passions, enhance creativity, and achieve personal goals through engaging and enjoyable activities.

Descriptions of each club can be found at the end of this booklet.

Monday

Activity	Year Group	Location	Staff Member	Time
Choir	7-10	MU1	Mrs Pierce	9.45-9.12
Champions Hour	11	DT1	Mr Chippett	4-5pm
Contemporary Dance Club	All	Dance Studio	Mrs Day	3-4pm
Basketball	All	Sports Hall	Mr Ford/ Mr Hosking	3-4pm
Tennis	All	Outdoor courts	Mrs Bright	3-4pm
Homework Club	All	AT3		3-4pm
Working Lunch	11	DT1	Mrs Mutton	1.20-1.50pm
Sparx Reader iPad access	7-10	En5/EN6	Mrs Clark/Miss Anthony	1.20-1.50pm
KS4 Spanish Carousel iPad access	KS4	MFL1	Miss Watson	1:25-1.50pm
KitKat Club	7-11	Mu1	Mrs Pierce	1.25-1.55pm
GCSE Art Coursework Support	10	AT1	Mrs Ellis	3-4pm
Duke of Edinburgh	9/10	MFL2	Mrs Cotterell &	3-5pm

			Miss Stevenson	
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Tuesday

Activity	Year Group	Location	Staff Member	Time
Samba Band	KS3	MU1	Mrs Whitehouse	8.45-9.12
Champions Hour	11	DT1	Mrs Davies	4-5pm
Drama Club	All	Dr1	Mrs Day	3-4pm
Athletics	All	Field	Mr Ford/ Mrs Croker/ Mrs Bright	3-4pm
				3-4pm
Homework Club	All	AT3		3-4pm
Spanish carousel ipad access	7-9	MFL2	Miss Cotterell	1:20-1:45pm
Working Lunch	11	DT1	Mrs Clark	1.20-1.50pm
Sparx Reader iPad access	7-10	En5/EN6	Mrs Clark/Miss Anthony	1.20-1.50pm
LGBTQ+ Lunch group	All	Reading Hub	Donna Barnes	1.20- 1.50pm
Vocal Group	7-10	MU1	Mrs Pierce	3-4pm
Individual music lessons	All	Music Dept	Mrs Whatley	All day

Wednesday

Activity	Year Group	Location	Staff Member	Time
CrossFit For Girls	All	Fitness Suite	Mrs Bright	7.30am
	7 -10	Field	Mrs Bright / Mrs Croker	3-4pm
Champions Hour	11	DT1	Miss Pook	4-5pm
Samba Band	7-9	MU1	Mrs Pierce	8.35am
Homework Club	All	AT3		3-4pm
Working Lunch	11	DT1	Mrs Weir	1.20-1.50pm
Sparx Reader iPads	7-10	En5/EN6	Mrs Clark/Miss Anthoney	1.20-1.50pm
Hockey	7-11	Astro	Mrs Bright	4-5pm
Dungeons and Dragons	all	DT4	Mr Brewer/Miss Strana	3-4pm

Thursday

Activity	Year Group	Location	Staff Member	Time
Starbooks	All	En2	Miss Smith	3-4pm
Champions Hour	11	DT1	Miss White	4-5pm
Homework Club	All	AT3		3-4pm
Working Lunch	11	DT1	Mrs Mutton	1.20-1.50pm

Softball/ Cricket	All	Astro	Mr Hosking/ Mr Ford	3-4pm
Sparx Reader iPad access	7-10	En5/EN6	Mrs Clark/Miss Anthonye	1.20-1.50pm

Friday

Activity	Year Group	Location	Staff Member	Time
Lexia Lunch	7-9	MFL1	Ms Watson	1:20-1:45
English Revision - En5	11	EN5	Mrs Clark	3pm
Working Lunch	11	DT1	Mrs Weir	1.20-1.50pm
Sparx Reader iPad access	7-10	En5/EN6	Mrs Clark/Miss Anthonye	1.20-1.50
Merry & Bright (Activities to help Y11 unwind and mellow in their exam run up 3pm from Nov 27th)	Y11	En5	Mrs Clark	
Knotting Club	Y7-9	MFL2	Mrs Cotterell	1.30-1.50pm

GCSE Art Coursework Support	11	AT1	Mrs Ellis	3-4pm
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Club Descriptions

Athletics Club

The Athletics Club is the perfect opportunity for students to develop their speed, strength, endurance, and technique across a range of track and field events. Whether you're a sprinter, long-distance runner, jumper, or thrower, this club provides expert coaching and a supportive environment to help students improve their athletic ability. Sessions will focus on key disciplines such as sprints, middle-distance running, relays, long jump, high jump, shot put, and javelin. The club also prepares students for school athletics events and external competitions against other schools. Athletics Club is open to students of all abilities.

Basketball Club

The Basketball Club provides students with the opportunity to develop their basketball skills in a fun and supportive environment. Held after school, the club welcomes players of all levels, from beginners to more experienced. Students will focus on key aspects of the game, including dribbling, shooting, passing, and defensive strategies, while also improving teamwork and communication on the court. Whether aiming to improve individual skills or

collaborate as part of a team, the Basketball Club is a great way for students to enjoy the sport and build confidence.

Choir at Pool Academy

The choir offers students the opportunity to explore their passion for singing and enhance their vocal abilities. The choir is open to all students, regardless of musical experience. Members will learn a variety of songs, ranging from contemporary hits to classic tunes, while focusing on techniques such as pitch, harmony, and breath control. Last year, the choir had the exciting opportunity to perform at the Pool's Got Talent event, showcasing their talents and hard work. It's a fantastic chance for students to come together, share their talents, and enjoy the excitement of music-making while creating lasting memories.

Champion's Hour

Champion's Hour is an exclusive revision session tailored specifically for Year 11 students. This additional after-school session provides a focused, supportive environment where students can review key topics and prepare for their upcoming exams. During Champion's Hour, students will have direct access to staff for personalised support, allowing them to clarify any questions, reinforce their understanding, and strengthen their knowledge in various subjects. The session is designed to help students build confidence, improve their exam techniques, and ensure they are fully prepared for their GCSEs.

Contemporary Dance Club

Leap into something new! Whether you've danced for years or never taken a class, the Contemporary Dance Club is your space to move, express, and shine! You'll learn cool technical moves, explore creative choreography, and build confidence with every step. Contemporary Dance Club offers an exciting opportunity to perform on stage at the Hall for Cornwall as part of their Performing Arts Secondary Showcase as well as showcasing your talent at our very own 'Pool's Got Talent' and 'Festival on the Field' showcases. Come as you are – leave as a dancer. Let's move!

Drama Club

Ready to step into the spotlight? Whether you're a born performer or just curious to try something new, Drama Club is your stage to shine! Learn key techniques like improvisation, voice projection, character development, and stage presence. We'll explore script work, ensemble scenes, and even create original performances through devising theatre. No experience needed — just bring your imagination and a willingness to play, explore, and perform. Drama Club is your chance to build confidence, creativity, and unforgettable memories. Drama Club offers an exciting opportunity to perform on stage at the Hall for Cornwall as part of their 'Performing Arts Secondary Showcase' as well as showcasing your talent at our very own 'Pool's Got Talent Showcase'. Lights up... it's your time!

Dungeons and Dragons Club

Step into a world of adventure, creativity, and teamwork with our Dungeons & Dragons After-School Club! Whether you're a seasoned adventurer or completely new to the game, this is your chance to create your own hero, explore magical worlds, and embark on epic quests. Work as a team to solve puzzles, battle foes, and shape the story through your choices. D&D is a fantastic way to build confidence, develop problem-solving skills, and make new friends—all while having fun. With dice rolls deciding your fate and imagination leading the way, every session is a new adventure. All experience levels are welcome.

Girls' CrossFit Club

The Girls' CrossFit Club happens each Wednesday morning where students will participate in a variety of high-intensity workouts that focus on building strength, agility, endurance, and flexibility. CrossFit combines elements of weightlifting, bodyweight exercises, and cardiovascular training, allowing students to improve their fitness in a safe and supportive environment. The club encourages teamwork, self-discipline, and personal growth, with a focus on empowering girls to achieve their fitness goals and boost their confidence.

Functional Fitness Club

The Functional Fitness Club takes place every week, offering students the chance to develop strength, endurance, agility, and flexibility through a variety of bodyweight exercises and functional movements. Sessions include calisthenics, core stability, mobility drills, and high-intensity circuits, designed to improve overall fitness in a challenging yet supportive environment. The club promotes teamwork, resilience, and self-improvement, encouraging students to push their limits and build confidence while developing lifelong fitness habits.

Health and Nutrition

The Health and Nutrition Club at Pool Academy is designed for students who want to increase their awareness of healthy eating habits and learn more about maintaining a balanced diet. Through engaging discussions, students explore the benefits of various foods, making informed choices to fuel their bodies effectively. In addition to nutrition-focused activities, the club also offers practical sessions in the gym, where students can participate in fitness routines and learn how physical activity plays a vital role in overall health and well-being. This club aims to empower students to adopt healthier lifestyles by combining both knowledge and hands-on experience.

Hockey Club

The Hockey Club provides students with the opportunity to develop their skills in this fast-paced and exciting sport. Students will focus on key elements of the game, including dribbling, passing, shooting, and defensive tactics. Students can learn the fundamentals of hockey, practise their skills, and engage in friendly matches. Whether aiming to improve individual performance or collaborate as part of a team, the Hockey Club is a great way for students to stay active, have fun, and enjoy the sport.

Homework Club

The Homework Club at Pool Academy offers students a dedicated space to complete their homework and seek support with their studies. Held after school, this club provides a quiet environment where students can work independently or receive assistance from staff. It is designed to help students stay on top of their homework, improve their time management skills, and ensure they complete tasks to the best of their ability. With the guidance of teachers, students can ask questions and ensure they are prepared for their next lesson.

Boys' Football Club

The Boys' Football Club offers students the opportunity to develop their football. The club provides opportunities to play matches against other schools, giving students the chance to put their skills to the test in real game situations. Additionally, members will take part in fixtures, competing in friendly and competitive matches throughout the year.

KitKat Club

KitKat Club is a supportive and friendly space for students to improve their social skills and build new friendships—while enjoying a KitKat! Led by Mrs. Pierce in the music room, the club offers a relaxed environment where you can take a break, have a chat, and connect with others. Whether you're looking to make new friends or feel more confident in social situations, KitKat Club is the perfect place to unwind, socialise, and enjoy a sweet treat.

LEXIA Catch-Up Session

The LEXIA Catch-Up Session at Pool Academy provides students with the opportunity to use their lunchtime to focus on improving their literacy skills. During this session, students can catch up on their LEXIA minutes and complete levels across a variety of areas, including Word Study, Grammar, and Comprehension. The session is designed to support students in building a strong foundation in reading and language skills through interactive activities and personalised learning paths. It offers a quiet space for students to work at their own pace, ensuring they can strengthen their literacy abilities and stay on track with their learning.

goals. Whether they need to catch up on missed minutes or challenge themselves with new levels, this session supports their growth and progress in key areas of literacy.

Samba Band

The Samba Band at Pool Academy has got off to a flying start. Samba Band is an energetic and vibrant music club where students can come together to learn and play the exciting rhythms of samba! Led by Mrs. Pierce, the club offers a fun, hands-on experience with traditional samba instruments. Whether you're a seasoned musician or just starting out, Samba Band is the perfect place to express yourself, develop rhythm skills, and be part of an upbeat, lively group. Join us to bring the sounds of Brazil to life and perform in school events with rhythm and energy.

Starbooks

The Reading Café at Pool Academy offers students a welcoming space to explore their love for reading. Students can read books they've borrowed from the library or brought in from home, providing them with the freedom to choose reading materials that interest them. In addition to quiet reading time, students are encouraged to discuss the books they are currently reading with like-minded peers, fostering a sense of community and shared interest in literature. They also have the opportunity to unleash their creativity by designing their own characters. In recent weeks, the Reading Café has expanded its offerings and become a board café, where students can enjoy games such as Monopoly and Uno.

Sparx Reader iPad Club

At Pool Academy, we offer a daily support session designed to provide students with a quiet and purposeful space to focus on their learning on Sparx Reader. With access to iPads, students are able to work independently and efficiently towards achieving their weekly target of 300 SRP. This dedicated session encourages students to take responsibility for their work while ensuring they have the resources and environment necessary to succeed.

Softball/Cricket Club

The Softball/Cricket Club offers students the chance to develop their skills in two exciting sports. Held after school, the club is designed for players of all abilities, whether they are new to the sport or looking to enhance their technique. Students will have the opportunity to learn the fundamentals of both softball and cricket, including batting, bowling, fielding, and teamwork. The club promotes physical fitness, coordination, and sportsmanship, while encouraging students to have fun and work together. It's an ideal way for students to stay

active, build confidence, and enjoy friendly competition in a supportive and enjoyable environment.

Tennis Club

The Tennis Club at Pool Academy offers students the opportunity to develop their tennis skills. The club is open to players of all skill levels. Students will focus on the fundamentals of the game, including proper serving, volleys, footwork, and strategic play, while enhancing their overall fitness and agility. The club emphasises teamwork, sportsmanship, and having fun while building skills in both singles and doubles play. Whether looking to improve technique or simply enjoy a friendly match, the Tennis Club provides a great way for students to stay active and build confidence on the court.

Vocal Club

Vocal club is a group of selected students who have a passion for singing in harmonies and a knack for creating beautiful songs to perform at different events. This is a far smaller group than choir. If you believe you have the skill to hold impressive notes, can sing in harmony or would like to know more, please speak to Mrs Pierce.

Quizlet Club

This club is designed to support students in developing their Spanish vocabulary and grammar skills using Quizlet, an interactive online learning platform. Students will have the opportunity to catch up on assigned Quizlet tasks, reinforce key language concepts, and improve their recall through engaging activities such as flashcards, matching games, and practice quizzes. Whether you're looking to boost your confidence in Spanish, prepare for assessments, or simply enjoy learning a new language in a relaxed environment, this club provides a great space to do so with the support of a teacher.

Working Lunch at Pool Academy

Working Lunch is an exclusive session for Year 11 students who want to use their lunchtime effectively to catch up on their work, revise for upcoming exams, or receive additional support. This session is designed to provide a quiet and focused environment where students can work independently or with guidance from staff. Whether they need help with specific subjects or want to stay on top of their coursework, Working Lunch offers the chance to make the most of their time during the school day. With staff available to assist, Year 11 students can ensure they're fully prepared for lessons and assessments. Working Lunch is a great opportunity for students to stay organised, manage their workload, and receive extra support in a productive setting.

LGBTQ+ Lunch group.

Jane from the Intercom trust, visits once a fortnight to provide support to students who may be struggling with their identity. She also lets the students know about any pride events or gatherings that have been organised for the LGBTQ community. The weeks in between we do a variety of activities, such as quizzes, games or crafts. For next term, the students have suggested we make pin badges and bracelets and we are open to any suggestions anyone else may have. All year groups are welcome.

GCSE Art Coursework Support

This session is exclusively for GCSE Art students. It's here to help you with your sketchbook, which is a really important part of your portfolio (component 1). You'll be able to get one-to-one help, support and feedback from Mrs Ellis, focusing on making your sketchbook look its best and improving work based on your next steps. Coming along each week will give you the chance to boost your work, build your confidence, and improve your overall grade.

Individual Music Lessons

Mrs Whatley from Cornwall Music Service Trust comes in on a Tuesday to teach musical instrument lessons, either individually or in small groups. This includes Guitar, Piano, Drums